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# Salt & Silver: Travel, Surf, Cook



## Synopsis

Salt & Silver is the first book to blend traveling, surfing, and the food cultures of Central and South America together through the travel stories of two young, adventuresome guys. Salt & Silver traces the journey of Johannes Riffelmacher and Thomas Kosikowski as they travel through Central and South America—reporting on all the best surfing locations, chronicling the stories of local surfers and restaurant owners, and compiling recipes representative of each area. The narrative begins in Cuba with beautiful images of the city and the beaches, as well as stories related to the Cuban surfing community and a discussion of popular Cuban dishes. Next is a tour of Mexico—first with street tacos, a trip through Mexican markets, and day spent in the urban graffiti scene of Guadalajara; then with Tostadas de Pulpo (Octopus Crackers), Shrimp and Portobello Burgers, and a glimpse into small town life in the remote surfing town of San Pancho. The Mexican leg of the journey draws to a conclusion with 7-meter waves, BBQ, and Tajine in Rio Nexpa, as well as a perfect righthander barreling of a point in the scenic La Ticla. After Mexico comes a long list of sites and sounds as the two men make their way through Nicaragua, Costa Rica, Panama, Ecuador, Peru, and finally Chile, exploring the beaches and waves, as well as the kitchens of each location. Interspersed throughout the pages of the trip are more than 90 regional recipes, over 250 stunning photographs, and a wide array of tips and stories ranging from social commentary on the Cuban surf scene to pointers on how to rent a Hamaquera in La Ticla for \$3 a night.

## Book Information

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## Customer Reviews

"A word of caution: There is a 99.999% chance you will probably want to book your own ticket to

Latin America STAT."Â (Annie Daly, BuzzFeed)"Even for a lifelong Southern California native, I just learned a plethora of dishes that were previously non-existent to me."Â (GEARMINDED)"Find us a surfer that doesn't like to eat. Impossible."Â (Surfer Today)"This recipe makes a damn fine black bean burger. In fact, it's the best homemade veggie burger we've ever had."Â (Renee Schelttler Rossi, Leite's Culinaria)"The recipes in Salt & Silver are real-deal, the photography is breathtaking, and the tales of full immersion are inspiring."Â (Nick McGregor, Eastern Surf Magazine)

Johannes Riffelmacher Johannes was born on June 11, 1986 in Eichstätt, Bavaria. There he attended high school at the Gabrieli-Gymnasium and graduated in 2005. He first discovered a passion for cooking as a young child in his parents' kitchen, where he learned the basics of various culinary cultures from two adept amateur chefs. Besides cooking, his second greatest passion is surfing. Since his early youth he has spent every available week traveling to various surf spots around the world. After graduating from high school, he studied at the Akademie U5 school of graphic and communication design in Munich and completed his degree in the summer of 2008. He then set off on a world tour equipped with surfboard, backpack, and cooking knives. After seven inspirational months in Canada, the U.S., New Zealand, Australia, Indonesia, and Hong Kong, he returned to Germany in March 2009. In June 2009 he began an internship in graphic design at the renowned Matt/Alster advertising agency, where he eventually reached the level of Senior Art Director. While at Jung von Matt, he received numerous national and international creativity awards and developed ad campaigns for brands such as Mercedes-Benz, MTV, and Ricola. After four and a half years, he left Jung von Matt to work on the travel, cooking, and surfing project "Salt & Silver" together with photographer-cameraman Thomas Kosikowski. Â Thomas Kosikowski Thomas Kosikowski was born in 1988. He's been interested in photography since childhood, thanks in part to his father's influence, and has been working as a freelance photographer ever since he finished school. His main influences have come from skateboarding, rap, and graffiti, all of which have shaped his style. Thomas gradually became interested in moving images, which led him to study cinematography in Hamburg. As an intern at the Mamma Team promotional film production house in Barcelona, he acquired the discipline and conscientiousness necessary for succeeding in the business – and it was also one of the best times in his life. His love of cooking also originated in his youth and has been developing ever since. For many years, Thomas and Johannes have been cooking together for friends, family, friends of friends, and anyone else who wants a taste. Their desire to work together on a project that included both cooking and travel and that drew on the

specific talents of both friends finally led to the 'Salt & Silver' project, which for Thomas is dream come true.

This book makes an amazing addition to any cook book collection and a great reminder to anyone who has travelled through Latin America of all the different cuisines. I personally met the authors during their travels and all their recipes and stories are first hand and genuine and such an accurate reflection of what was a truly unique experience. Having already ordered 4 copies, friends who also travelled have put in a order for more. A truly high class publication.

I really enjoyed reading the travel adventure in this book but the recipes are truly terrific. Very excited to try them out. Inspiring and enjoyable to read. I like the wild sense of adventure that you get from these writers. Photographs are enticing. And the recipes look very accomplishable.

however... some photos of dead animals and lizards... not on my menu but i appreciate book's layout regarding locale and its culture people food... surf and skate culture !

I like this addition to my beach cookbook collection.

Part travel log, part cookbook, all good! The authors give a rich, personal account of their low budget travels through Central and South America. The description of food makes you drool. Since reading I have used several recipes.

I love this book. The stories are amusing and I have tried so many of the delicious recipes. The stuffed aguacate is our go to favorite and wows guests every time. It has great photos and makes me want to drop everything for a year and surf around the world.

This is an awesome book with amazing photography and cool stories. The recipes are fantastic. This book is so eye catching it could even be used as a 'coffee table' book. Great book to add to my collection. Truly unique

Amazing graphics, great travel information and brilliant recipes from all over! Absolutely love it!

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